



Is it more difficult for deaf people to be healthy?

Energizing Change

Come and find out on Valentine's Day!

SignHealth is organising a one day conference for deaf people or anyone working with deaf people interested in making sure that deaf people have good health.



Date: 14th February 2008 **Time:** 09.30 – 16.30

Location: NCVO, Regents Wharf, 8 All Saints Street, London, N1 9RL

Cost: **FREE** if you book in advance £40.00 per person on the day

Conference Programme 14th February 2008

Chair*: Laraine Callow of Deafworks

09.30 Registration and refreshments

10.00 Introduction by the Chair,
Laraine Callow

10.10 How the deaf community
can work together for
better health
Joanna Wootten (Deputy Chief
Executive of SignHealth) will lead
this interactive session

11.00 Tea and Coffee Break

11.20 Can deaf people be nurses?
Of course, they can!
Samantha Birch will describe how
she has trained and qualified as a
deaf nurse

12.00 Improving deaf people's
health and well being
Herbert Klein & Emma Crowe
of SignHealth will talk about the
3 year project called Healthy
Deaf Days

12.30 Lunch and networking

13.30 Afternoon workshop options

Workshop 1:
Living with diabetes
Alison Veal will talk about what it is
like for deaf people with diabetes

Workshop 2:
What are yoga and reflexology?
Claire Hancock, a qualified
reflexologist, and Sarah Scott, a
qualified Yoga teacher will answer
all your questions.

Workshop 3:
Living with breast cancer
Kathy Liddy will share her
experiences of the disease, the
NHS and other support networks.

Workshop 4: Healthy eating
Tamsin Wengraf-Townsend will be
testing you to find out how much
you know about calorie counting!

14.45 Tea and Coffee Break

15.05 Ideas for better health
– open discussion
Working together to identify
good ideas for improving deaf
people's health.

15.45 Feedback from open discussion
facilitated by the Chair

16.30 Finish

*The Chair and all the speakers are deaf

Booking Form

Name	
Organisation	
Job Title	
Address	
Email	
SMS	

Please tick (✓) your 1st and 2nd choice of the workshop

- 1st Choice:** Diabetes Yoga / Reflexology Breast Cancer Healthy Eating
2nd Choice: Diabetes Yoga / Reflexology Breast Cancer Healthy Eating

Although the chair and presenters are deaf, some will speak and some will be using BSL. We need to make sure that everyone can understand what is happening.

Please tick (✓) your preferred communication support if you are deaf

- Speech to Text BSL
 Other (please describe)

Please tick (✓) if you are hearing and cannot understand BSL and will require an interpreter to voice over what a presenter is saying

Dietary or Other requirements

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The NCVO, Regents Wharf, 8 All Saints Street, London, N1 9RL centre is fully accessible for wheelchair users and close to mainline and underground stations. A map will be sent with booking confirmation.

This conference is free BUT you must complete and return this booking form and we will send you a confirmation of your booking. If you come without a confirmation of your booking, or do not turn up on the day, you will be charged a fee of £40.00.

Please return this form to:
 Emma Crowe, SignHealth, The Bridge, Falcon Mews, 46 Oakmead Road, Balham, SW12 9SJ
 or email: ecrowe@signhealth.org.uk



SignHealth

The Healthcare Charity for Deaf people

SignHealth used to be called *Sign*

Why have we changed our name?

Mental and physical health is so closely linked that we have decided to promote better all-round health for deaf people. We have changed our name to reflect this.

Is the health of deaf people different from hearing people?

Although there has been no research in the UK, research in Linz, Austria showed that deaf people had poorer health than hearing people. We already know that 40% of profoundly deaf people in the UK experience mental health problems compared to 25% of hearing people.

How will SignHealth work to achieve better health for deaf people?

We will be:

1. Doing research in the UK into the health of deaf people. When this research is completed, this will give evidence of what work needs to be done to improve the health of deaf people.
2. Looking at how the NHS plans their services, and making sure that the NHS thinks about deaf people when they are planning how they spend their money.
3. Improving access to communication in the NHS so that Deaf people can understand their health better and take control.
4. Making sure that there are good services for Deaf people (including specialist services for people with mental health problems). To achieve this, we will need to work in partnership with deaf people, deaf organisations, health services and other charities.

If you would like to join SignHealth in improving the health care of deaf people, please look at our website www.signhealth.org.uk or email info@signhealth.org.uk

*deaf in this programme is used to refer to the whole range of deafness. It should be noted that we expect that the majority of people coming to the conference will be sign language users who pride themselves on being members of a cultural and linguistic minority.



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Registered charity number: 2610559

